



# Swasth Bharat through Health & Wellness Centres

Latur (Maharashtra)

## Latur, Maharashtra

**L**atur in Maharashtra is a drought prone area with shortage of water, hence, it adversely influences the agriculture economy resulting in low Human Development Index (HDI 0.663 - 2011).

The vision of India aims to provide Expanded Comprehensive Primary Health Care with range of services which includes preventive, promotive, curative, rehabilitative and

palliative care through Ayushman Bharat Health and Wellness Centers (AB-HWCs) to address critical issue of access to health care and reduce Out of Pocket Expenditure (OOPE) of people. It also addresses an epidemiological and demographic transition, where non-communicable diseases such as cardiovascular diseases, diabetes, cancer, respiratory, and other chronic diseases, account for over 60% of total mortality.

AB-HWC initiative has been instrumental for Latur to deliver these health services to all the citizens for the Swasth community.

**HWC Facilities Operationalization:** Under Ayushman Bharat, the first step has been to convert all the existing Units into Health and Wellness Centres. By the year 2020-21, Latur District successfully operationalized 46 PHCs and 187 Sub Centres into fully functional HWCs. These 233 HWCs have been made operational by the following mechanism:

- 100% Branding

- Manpower recruitment (118 MBBS and 187 BAMS Doctors)
- Training and Capacity Building
- Medicine availability for Comprehensive and Expanded range of services, including AYUSH medicines
- Diagnostics: 14 tests at Sub Centres and 63 tests at PHCs available
- Tele-consultation Facility
- Jan Arogya Samitis established for better community engagement: 10 meetings being held every year in each Centre.



**Comprehensive Primary Health Care through Health and Wellness Centers:** The HWCs aim to provide 7 comprehensive services, including free medicines and diagnostics to the citizens.

**Footfall:** Since we operationalized 233 HWCs, these facilities have served 44 lakh OPD patients. *There has been an increase in OPD at Sub centres; from 1.5 lakh OPD in 2017-18 to 9.4 lakh in 2021-22.*

**Wellness activities:** Latur District conducted 27,475 different wellness activities like Yoga sessions, Marathon, Cycling, Zumba, various health day celebration & Health talks, for bringing awareness about healthy lifestyles in the community. Yoga teachers have been appointed at all the HWC Facilities.

**Tele-consultation Service:** Tele-consultation facility was started in April 2020 at PHCs and Sub Health centers to provide Specialist Services with the help of HUB at Nanded





District with an aim to provide expert consultation at village level. We have provided Tele-consultation services to 319287 citizens.

### **Non-Communicable Diseases (NCD)**

**Screening:** Screening of over 7 Lakh people who are 30 years and above was done for Hypertension (BP) and Diabetes. Out of the screened population, 41517 hypertension cases and 20360 diabetes cases were identified, and treatment was initiated for more than 95% of them.

Some Special efforts to screen every 30 years and above population for NCD:

**Village level NCD camps:** To increase

awareness and NCD screening, all HWC facilities conduct Village level NCD screening camps at all villages monthly.

**Door step approach:** home visits, well backed up with NCD team.

### **Opportunistic screening at HWC OPD:**

Screening of all 30 years and above population when they come at HWC facilities for any other reason/service and screening of their relatives and also at their other contacts like during home visits.

### **Dedicated/Focused weekly NCD day :**

At all HWC, PHCs and SHCs dedicated weekly NCD day is conducted to fully screen and to



diagnose and to take on treatment 30 years and above population.

### **Reproductive & Child Health(RCH) Services:**

There has been a positive impact after operationalization of HWCs in the District on some qualitative RCH indicators like ANC registration, ANC Reg. <12 Weeks, fully protected pregnant women, fully immunized children and tuberculosis case notification. The District has also started a call centre called JEEVAN-REKHA to monitor all pregnant women, with a special focus on high-risk mothers. This has ensured that all mothers receive institutional help from HWCs.

## **Implementation**

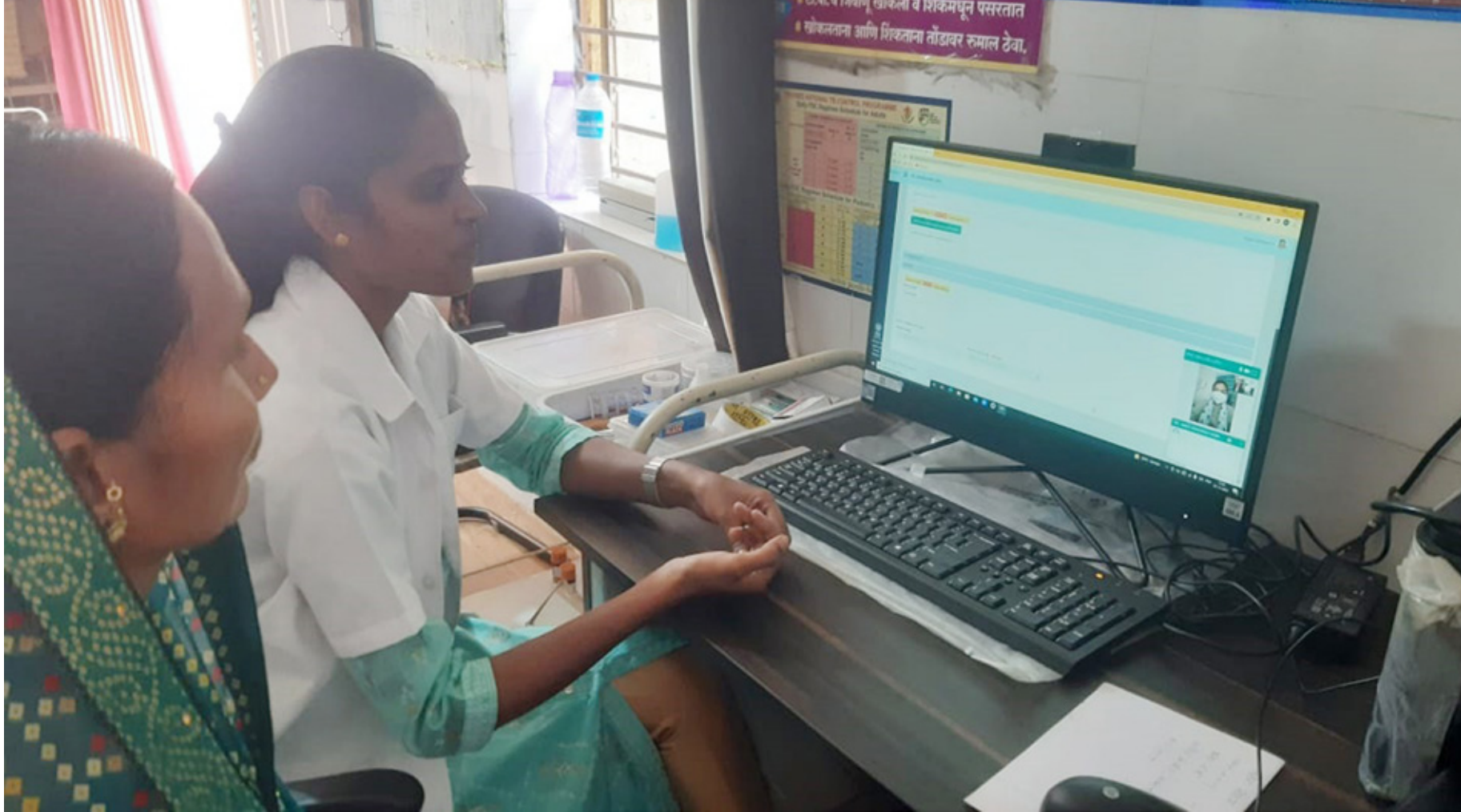
In Latur District, we rolled out expanded range of services on 1st April 2022 at all operational HWC facilities and trained all medical staff for all expanded range of services. The services include Eye care, ENT care, Care for mental, neurological and substance use disorders, Palliative care for elderly, emergency and trauma care.

**Eye Care:** All HWCs are equipped with vision charts, torch and medicines for primary eye care with basic training of Mid-Level Health Provider (MLHP). During this year, identified 17,069 suspected cataract cases and are all operated.

**Care for mental, neurological and substance abuse disorders:** Under mental health programme, regular IEC, house to house survey and weekly mental health clinic at all HWC facilities with flag name Manshakti Clinic are held.

The District has established a Centre for Autism Cerebral Palsy and Multidisability Centre named UMANG under PPP Mode alongwith District early Intervention Centre (DEIC) for treating patients with disabilities and neurological problems screened at HWCs

**Elderly Care:** Under the flagship programme of Thodese Maibapsathi Pan (Something for the Elderly), screened 250380 elders. Arranged 522 health camps at every large village and gave elderly health care to 23207 elders and 4818 were given referral services.



Innovative/Best practices to strengthen the HWC services

Timely recruitment of MLHP Community Health Officer (CHO), Capacity building and incentives given regularly (Rs 3.15 Crore in 2021-22 Avg. PBI/CHO/Month - Rs. 14037 and Rs. 2.19 Crore in 2022-23)

Support to HWCs through provision of IT services, diagnostics and drugs.

Allocation of sufficient funds through Diagonosis Procedure Combination (DPC)

Special efforts by reaching the unreached - Weekly Visit of MBBS Medical Officers to HWCs.

Provision of 50 well-equipped ambulances to all HWCs (PHC) through 15<sup>th</sup> Finance and through MPLADS/ MLALADS fund for free referral.